

Arunside Announcements

Monday 16th November 2026

Anti-Bullying Week - Odd Sock Day - Monday 16th November

Remember to send your children in wearing odd socks on Monday!







Armistice Service in the Carfax



On Wednesday, 12 children from year 6 represented Arunside at the Armistice Day service at the Carfax. Representatives from the Horsham council, the armed forces and children from local primary schools laid wreaths in remembrance of the fallen soldiers. Our pupils were commended on their fantastic behaviour and we were very proud to be a part of the ceremony.



Book Fair



Our Scholastic / Travelling Books book fair is running from Monday 16th November until Thursday 19th November in the ICT suite. A letter has already gone home regarding the schedule and ways to purchase books. All commission earned from this will be spent on buying more books for the school.

Ancient Egyptians Workshop



Year 3 enjoyed an exciting and immersive Egyptian Workshop delivered by Rainbow Theatre Company on Wednesday.
The children were transported back to Ancient Egypt when a mummy came to life, bringing history to life through the story of Moses and his battle with Pharaoh Ramesses II.
Along the way, they discovered fascinating facts about Ancient Egyptian life, explored hieroglyphics and the process of mummification, and even had the opportunity to meet some of the Egyptian gods!
It was a fantastic, interactive experience that brought the children's learning to life and helped deepen their understanding of Ancient Egypt.





Swimming Lessons



Oak Class started swimming lessons this week. We are still awaiting payments from a few parents - please ensure to settle any outstanding balances. This can be taken at the counter in the office.



Family Grapevine Winter 2026 Magazine



Please find below a link to the digital-only version of the West Sussex Family Grapevine magazine. **Family Grapevine Magazine**

West Sussex Fire and Rescue Service

As part of their Great Fire of London topic, Year 2 were treated to an informative visit and presentation from the local fire crew. Children had the opportunity to explore the fire truck and learn what to do in an emergency.





SEND Support



Please find a link attached to a survey for parents regarding West Sussex County Council support for pupils with SEND. They are seeking the views of parents and pupils through this survey. **West Sussex SEND Survey**

Cycle to School Week Results

Holly Class were the overall winners, with 21 children cycling or scooting to school. Prizes have been awarded to class. Well done to all involved!





Missing Scooter



We have been informed that a pink scooter has been taken from the premises in error. If you have accidentally taken home the wrong one, please ensure to return it.

After-School Club Walk Home Permission

Please note that walk home permission also applies to after-school clubs. From 3.15pm onwards, your child is allowed to leave the premises if you have granted consent.



Year 4 Ukulele Concert



We are delighted to advise that Mr Gilmore will be hosting a Year 4 Ukulele Concert on **Tuesday 24th November** from 2pm - 2.30pm. Parents are welcome to attend.

Parents Evenings

A reminder that Parent Consultations will be taking place on Monday 23rd and Tuesday 24th November, between 3.40pm and 6.30pm on both days. Bookings can be made via My Child At School. Do not book more than one appointment per child.



EYFS, Year 1 and Year 2 Christmas Story Countdown





Christmas Story Countdown!

Dear Parents and Carers,

To celebrate our love of stories and Christmas, we would like to create a sack of seasonal stories to share with our classes in December.

Could each child please bring in a seasonal story from home wrapped in Christmas paper to add to our story sacks? Please make sure your child's name is written clearly in the front of the book so that we can return it once we have shared it. Books need to be delivered to class by Friday 27th November.



Thank you!



PTA Christmas Raffle

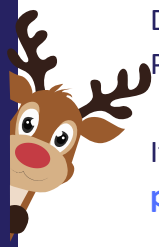


🎄 Christmas Raffle – We Need Your Help! 🎁

Our annual Christmas Raffle is coming soon, and we're on the lookout for amazing prizes to make it extra special!

If you, or someone you know, works for a business that would be happy to donate a prize, we'd love to hear from you. In return, we'll give the businesses a shout-out on the Arunside PTA Facebook page and on posters ahead of the online draw.

🎟️ Ticket sales open online on Friday 20th November, with the prize draw on Monday 7th December. Winners will be notified by email, and a list of winners will be shared on our PTA Facebook page.





If you can help — or know a business that might like to get involved — please contact pta@arunside.school

Thank you for your continued support and generosity — together, we can make this year's raffle our best yet!

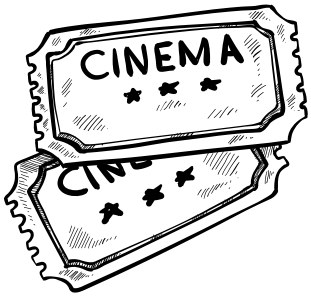


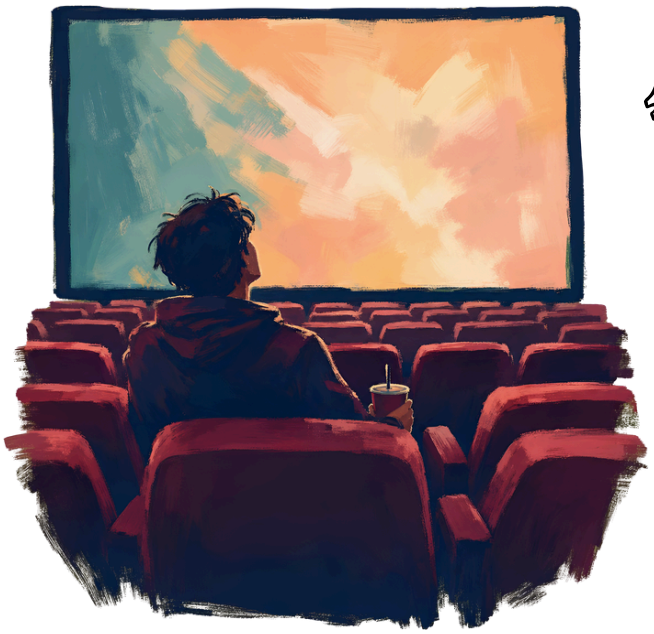
Arunside PTA

Cinema Trip for Years 3 & 4

This week Mrs O'Pray escorted 40 students to Everyman Cinema in Horsham to watch How To Train Your Dragon. This is the first of 3 planned cinema trips, split across the two year groups. The activity was free to all, and was thoroughly enjoyed by those who attended. The children represented the school beautifully both during the screening, and walking there and back.

For the next two trips, please ensure to supply normal, healthy snacks.





Outstanding instalments for trips

Please ensure to check MCAS for any overdue instalments.



West Sussex County Council Holiday Activities and Food (HAF) Programme

Bookings for the winter Holiday Activities and Food (HAF) Programme are now open!

HAF welcomes children eligible for Targeted Free School Meals into a wide range of different activity clubs over the spring, summer and winter school holidays. This winter, eligible children will be able to book up to four activity sessions, fully funded by the government as part of Best Start in Life. Every session will include a nutritious meal.

All bookings need to be made using West Sussex County Council's online booking system: https://orlo.uk/kZDrT

Following the changes in Free School Meal eligibility and the introduction of Expanded Free School meals, your child's HAF eligibility may have changed. If you would like to check your child's eligibility or to find their HAF code, please contact us on HAF@westsussex.gov.uk
More information and FAQ's can be found at: https://orlo.uk/THWg8

Keeping Schools Healthy In Winter



West Sussex County Council is encouraging pupils, staff and families to take a few important steps
this winter. Please share the following guidance with parents and carers:



- Attend school whenever possible: most mild illnesses, such as a runny nose, sore throat or slight cough, do not require children to stay at home unless they have a temperature
- Keep vaccinations up to date: vaccines help protect children and the wider school community from preventable illnesses



- Wash hands regularly: good hand hygiene is one of the simplest and most effective ways to stop germs spreading
- Catch It, Bin It, Kill It: use tissues for coughs and sneezes, throw them away immediately and wash hands afterwards
- Support good ventilation: fresh air helps reduce the spread of viruses in classrooms and shared spaces
- Maintain a clean environment: regular cleaning of high-touch surfaces helps keep our school safe and healthy
- Behavioural reminders: everyone benefits from regular reminders about hygiene and illness prevention

By working together, we can help reduce illness-related absences, support pupil wellbeing and ensure children make the most of their learning opportunities throughout the winter months. For more advice visit the Education Hub website, or access further health education resources through UKHSA's e-Bug programme.

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38°C or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

OPAL Updates

You may have noticed our new chalk boards on the playground. We have added these to develop our creative space and look forward to introducing them to the children. We are also adding some water play to our playtimes too!

Due to the drop in temperatures, we have been eating our lunches indoors. Whilst the OPAL programme encourages children to eat outside, our priority is to ensure that all children are happy, safe and comfortable. We will continue to monitor the weather conditions and review our arrangements regularly.



Please click on the link to view items on our **Arunside Amazon Wish List**

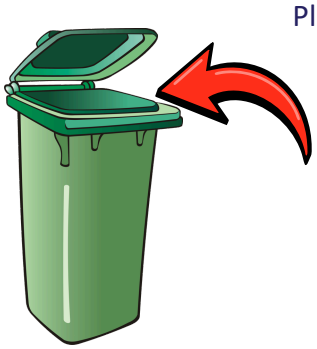






Donation Station

Please place OPAL donations in the green bin outside the School Office







Key Dates for The Diary

Date	Details
Monday 16th November 2026	Anti-bullying Week - Odd Socks Day
Monday 16th - Thursday 19th November 2026	Book Fair
Wednesday 18th November 2026	Year 3+4 Paddington In Peru Cinema Visit
Monday 23rd November 2026	Parents Evening
Tuesday 24th November 2026	Year 4 Ukelele Concert 2.00pm - 2.30pm
Tuesday 24th November 2026	Parents Evening
Wednesday 25th November 2026	Year 3 + 4 Looney Tunes Cinema Visit
Wednesday 25th November 2026	Year 3 + 4 Team Games Festival (selected students only)
Tuesday 1st December 2026	Open Afternoon School Tour 1.15pm - 2.30pm
Monday 7th December 2026	Year 1 Christmas Production 2.30pm
Tuesday 8th December 2026	Year 2 Christmas Production 2.30pm
Thursday 10th December 2026	EYFS Nativity 2.30pm
Thursday 10th December 2026	Christmas Jumper Day
Friday 11th December 2026	Rocksteady Concert 9.30am
Tuesday 15th December 2026	Year 3 + 4 Carols at St Mary's Church 2.00pm
Wednesday 16th December 2026	The Easy Lunch Company Christmas Lunch
Wednesday 16th December 2026	Year 2 Walk to St Mary's Church 1.00pm - 3.00pm
Thursday 17th December 2026	Year 5 + 6 Carols at St Mary's Church 2.00pm
Monday 21st December 2026 - Friday 1st January 2027	Christmas Break



Key Dates for The Diary

Date	Details
Wednesday 20th January 2027	Zones of Regulation Parent Workshop 2.15pm - 3.00pm
Friday 29th January 2027	PTA School Disco (details TBC)
Wednesday 10th February 2027	Young Voices
Monday 15th - 19th February 2027	Half Term
Monday 22nd February 2027	Inset Day
Monday 8th March 2027	Early Help workshop on healthy eating, sleep and dental hygiene 2.15pm - 3.00pm
Friday 26th March - Friday 9th April 2027	Easter Break
Tuesday 27th April 2027	Workshop on friendships 9.00am - 10.00am
Monday 31st May - Friday 4th June 2027	Half Term
Tuesday 8th June 2027	EYFS Zoolab Visit
Monday 21st June - Friday 25th June 2027	Year 6 PGL to Marchants Hill
Wednesday 30th June 2027	Wellbeing drop-in coffee 2.30pm - 3.15pm
Tuesday 20th July 2027	Inset Day
Wednesday 21st July 2027	Inset Day