



Arunside Announcements



Week Commencing
Monday 14th September 2026

Meet the Teacher Monday 14th September

This is a reminder that each class (**except EYFS**) will be holding Meet The Teacher Sessions on Monday 14th September.

Families do not need to book, but please arrive to your chosen session on time for a prompt, uninterrupted start.

Please note there was a typing error last week. See correct session times below:

Sessions will be: **3.40pm, 4.20pm and 5.30pm.**



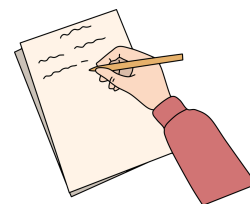
Club bookings

The following teacher-led school clubs still have availability and can be booked through My Child At School:

- Forest School - Year 3 - Tuesdays
- Latin - Years 3 - 6 - Tuesdays
- Writing Club - Year 3-4 - Tuesdays



Carpe diem!



Arunside Children Need You



We rely on support from volunteers to regularly come and listen to our students reading. Volunteers need to be reliable, committed, patient and happy to undergo a DBS check.

If you or a family member are able to committ to a regular routine and are available to attend one of our mandatory safeguarding workshops in September, please click on the link: [Volunteer Application Form](#)

Our Safeguarding Training dates are:

- Tuesday 15th September at 10.30-11.30am
- Thursday 17th September 2.15 - 3.15pm
- Friday 18th September 1.30pm - 2.30pm



Summer Reading Challenge



Congratulations to Clover class for winning the summer reading challenge! The children in Clover class returned the most reading challenges.



OPAL Updates

It's been lovely to see the children enjoying their break times this week, exploring the areas, being creative and showing resilience in the rain! We have been working on tidying up at the end of play times as this is something we still find tricky. Please remember to send your child in with their waterproof coat! The weather has been very temperamental and we try to get outside, no matter how wet it is.

Thank you for your kind donations, we really appreciate the picnic blankets and scooter helmets we have had sent in. We will continue to build on these so keep sending them our way. We are now expanding donation items to include umbrellas, waterproof trousers / jackets and wellies. Please add them to our donation station at the front office.



Please click on the link to view items on our

[Arunside Amazon Wish List](#)

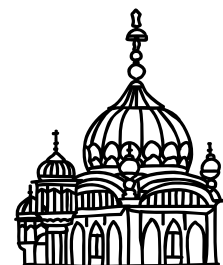
Trips

A consent form has been sent out to parents for the following trips:

- Y3 - [Tuesday 29th September - Apple Tree Centre](#)
- Y5 - [Tuesday 29th September - Siri Guru Singh Sabha Gurdwara and Sport Centre](#)

Please click on the links above and give consent if you have not already done so.

Your child will not be able to attend if we do not have consent.



Considerate Parking



Please do not block access to roads and driveways. We have been contacted by nearby residents who are concerned that access to and from Blackbridge Court is being compromised by parents parking inconsiderately. If emergency services cannot gain access to properties you could be responsible for endangering lives.

School Premises and Outdoor Equipment

Please do not permit your children to use the outdoor equipment outside of school hours. We are not responsible for your children before or after the normal school day, and parents who disregard this request to monitor their children do so at their own risk.

Class Consent Forms

An email has been sent to parents from year 1 - 6 providing consent form links for each class. If you have not yet done this, please click on your child's class below and grant / decline permission as per your wishes.

[Bluebell Consent Form](#)

[Poppy Consent Form](#)

[Dandelion Consent Form](#)

[Clover Consent Form](#)

[Holly Consent Form](#)

[Willow Consent Form](#)

[Hazel Consent Form](#)

[Sycamore Consent Form](#)

[Oak Consent Form](#)

[Chestnut Consent Form](#)

[Lime Consent Form](#)

[Rowan Consent Form](#)



Reaching Families

Please see list of free resources and support groups offered by Reaching Families.

TRAINING

AUTUMN TERM 2026





WORKSHOPS

Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Tuesday 8 th September	7.30 - 9.30 pm
Making Sense of Masking	Tuesday 15 th September	7.30 - 9.30 pm
Making Sense of Education Health & Care Needs Assessment and Plans (EHCPs)	Thursday 17 th September	10.30 am - 12.30 pm
Making Sense of Behaviours that Challenge (age 2-11 years)	Friday 25 th September	10.30 am - 12.30 pm
Understanding Demand Avoidance	Monday 28 th September	7.30 - 9.30 pm
Making Sense of Wellbeing: Resilience skills for parents and carers	Tuesday 29 th September	10.30 am - 12 pm
Making Sense of Personal Independence Payment (PIP)	Monday 12 th October	7.30 - 9.30 pm
Understanding Sensory Processing Differences	Wednesday 14 th October	10.30 am - 12.30 pm
Understanding Autism in Girls	Monday 19 th October	7.30 - 9.30 pm

THE SEND FOUNDATION COURSE

An introduction to SEND and the key issues parent-carers will encounter as their children grow and develop.

Wednesdays 23 rd & 30 th September	10 am - 1.15 pm
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All of the above training will be delivered on Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk



SCAN ME

All our workshops are free of charge. For more information or to book a place, please visit our Eventbrite page or scan the QR code.

reachingfamilies.eventbrite.com



Reaching Families

www.reachingfamilies.org.uk

Registered Charity No: 1150906
Company Limited by Guarantee No: 8261096



Reaching Families

Are you a parent or carer of a child or young person who has, or may have, special educational needs and disabilities in West Sussex?



EMPOWER INFORM SUPPORT

UMBRELLAS

Parent Support Groups

Autumn Term 2026

Connecting parents and carers of children and young people in West Sussex with special educational needs and disabilities



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, training and peer support.

Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

Training

Workshops and courses on a variety of issues delivered in-person and online

Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

Animations

Short animated films on a variety of subjects

Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

Facebook Group

An online parent support group providing news, information and peer support

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am
The Cherry Tree Centre
8th Sep / 6th Oct / 3rd Nov / 1st Dec

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am
Creative Heart Community Hub (upstairs)
9th Sep / 7th Oct / 4th Nov / 2nd Dec

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am
Durrington Community Centre
22nd Sep / 20th Oct / 17th Nov / 15th Dec

Umbrellas Online

Thursdays via Zoom
7.30 - 9pm
10th Sep / 8th Oct / 5th Nov / 10th Dec

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am
Horsham Family Hub
16th Sep / 21st Oct / 18th Nov / 16th Dec

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am
Adur East Family Hub
15th Sep / 13th Oct / 10th Nov / 8th Dec

Bognor Regis Umbrellas

Thursdays, 10 am - 11.30 am
Arun West Family Hub
24th Sep / 22nd Oct / 19th Nov / 10th Dec

If you would like more information about Umbrellas or the link to join Umbrellas online, please contact our outreach team.

outreach-training@reachingfamilies.org.uk

If you would like more information about how Reaching Families can help, please contact:

Email: admin@reachingfamilies.org.uk
Telephone: 01903 366 360

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www.reachingfamilies.org.uk



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COLOUR RUN 2026

In memory of Albie Houghton

This year, Arunside PTA would like to dedicate our **Colour Run** to the memory of **Albie Houghton**, a much-loved member of our school community who sadly passed away in March 2026.

Albie was a bright and special presence in the lives of so many, and we would like this year's Colour Run to be a celebration of his life — bringing our school community together in a way that reflects the joy, colour and happiness he brought to those around him.

Albie loved **purple** and **pink**, so these colours will be at the heart of this year's colourful celebration, helping us to remember him as we run, laugh and celebrate together.

In honour of Albie, and in accordance with his family's wishes, **50% of all donations raised** through the Colour Run **will be donated to Momentum Children's Charity**.



Momentum supports children and families facing cancer or other life-challenging conditions, providing emotional and practical support, counselling, respite and bereavement support.

It is a charity particularly close to the family's hearts, making this a very meaningful way for us to honour Albie's memory while supporting other families through difficult times.

We hope this year's Colour Run will be filled with colour, laughter, friendship and love — a joyful celebration of Albie and the memories he has left with us.

RUN, LAUGH, CELEBRATE AND REMEMBER ALBIE

WITH US ON

FRIDAY 18^T SEPTEMBER

4.30^HPM - 6.30PM



SOUTHERN MARTIAL ARTS



KARATE & KICKBOXING

努力報酬



KARATE LESSONS

AT ARUNSIDE PRIMARY SCHOOL



Why Join Karate?

- ✓ Build confidence, focus & discipline
- ✓ Improve fitness, coordination & balance
- ✓ Learn self-defense in a fun, safe setting
- ✓ Taught by fully qualified Black Belt instructor (DBS checked, First Aid trained, fully insured)

📍 ArunsidePrimarySchool

🕒 Fridays 5 -6 pm

👥 Open to year 1 and above,
New Beginners Welcome

📅 Reserve your Child's Spot
today

👤 Sensei Theresa

☎ 07958123777

theresa.southernmartialarts@gmail.com

£7 Pay As You Go

VAT #488 9547 09



Sensei Theresa – 07958123777

CFC

AFTER

SCHOOL CLUB

Fun, engaging, inclusive, safe football activity for players of all abilities, during the school term. Book now by using the below link or course code on our website.

Date: Tuesday 8/9/26 – 8/12/26 (ex. Half Term)

Location: Arunside Primary School

Time: 15:20 – 16:20

Price: £102.80 inc. VAT

Link: Click [HERE](#)

Age group: Y1-4

Invitation code: APSAUT26

Course code: ASC-APS-X-14 (Y1-2) ASC-APS-X-15 (Y3-4)





Key Dates for The Diary

Date	Details
Monday 14th September 2026	Meet the Teacher 3:40 / 4:20 / 5:30 (30 min sessions)
Tuesday 15th September 2026	Volunteer Safeguarding Training 10.30am - 11.30am
Thursday 17th September 2026	Volunteer Safeguarding Training 2.15pm - 3.15pm
Friday 18th September 2026	Volunteer Safeguarding Training 1.30pm - 2.30pm
Friday 18th September 2026	PTA Colour Run
Monday 28th September 2026	Farlington Football Festival (group event)
Thursday 1st October 2026	Flu Vaccinations
Monday 12th October 2026	Individual School Photos
Tuesday 13th October 2026	Open Morning 9.30am
Thursday 15th October 2026	Open Afternoon 1.30pm
Friday 16th October 2026	PTA Fireworks
Monday 2nd November 2026	Inset Day
Monday 23rd November 2026	Parents Evening (details TBC)
Tuesday 24th November 2026	Parents Evening (details TBC)
Friday 29th January 2027	PTA School Disco (details TBC)
Monday 22nd February 2027	Inset Day
Tuesday 20th July 2027	Inset Day
Wednesday 21st July 2027	Inset Day