

# Arunside Announcements

Week Commencing  
Monday 19th January 2026



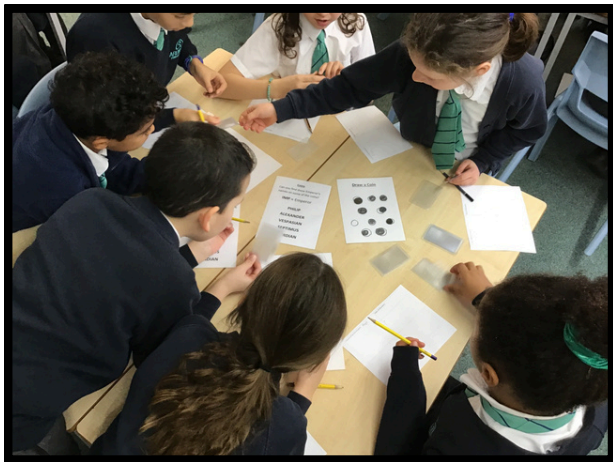
## Christmas Reading Challenge

Congratulations to Daisy class for winning the Christmas reading challenge! They returned 18 closely followed by Poppy class with 17! Well done Daisy class!



## Horsham Museum Visit

This is the week, Year 4 had a visit from Horsham Museum to discuss Roman Britain in line with their Spring topic. They found out what it is to be an archaeologist and had the chance to dig up items including a coin and a pot fragment. They also had the opportunity to examine genuine Roman coins, pottery and other artefacts! Thank you to Horsham Museum for such a fantastic learning opportunity!



## Reaching Families

Reaching Families are a parent-carer led charity supporting families of children and young people with special educational needs and disabilities (SEND) across West Sussex.

They provide a range of free services for parent carers, including information and advice, training, wellbeing support and peer support groups. Further details about our work can be found on our website: [Reaching Families](#)

The Umbrellas parent/carers support group is running in Horsham on Wednesday 21st January 10-11.30am at The Horsham Family Hub, Three Acres, RH12 1RS. Umbrellas groups offer a safe, relaxed and non-judgemental space for parent carers to meet others who understand life with SEND, share experiences, gain emotional support and exchange practical advice.



## Key Dates for The Diary

Date	Details
Tuesday 27 <sup>th</sup> January 2026	Mayes Park Group 1 Forest School Trip
Monday 2 <sup>nd</sup> February 2026	Bluebell Parent Consultations 1.30pm - 4.00pm
Tuesday 2 <sup>nd</sup> February 2026	Bluebell Parent Consultations 1.30pm - 4.00pm
Wednesday 4 <sup>th</sup> February 2026	Young Voices
Tuesday 10 <sup>th</sup> February 2026	Mayes Park Group 2 Forest School Trip
Monday 23 <sup>rd</sup> February 2026	Inset Day
Tuesday 10 <sup>th</sup> March 2026	Late Parents Evening - details TBC
Thursday 12 <sup>th</sup> March 2026	Early Parents Evening - details TBC
Monday 23 <sup>rd</sup> - Tuesday 24 <sup>th</sup> March 2026	Year 4 Lodge Hill Trip
Friday 27 <sup>th</sup> March 2026	Rock Steady Concert - details TBC
Monday 13 <sup>th</sup> April 2026	Inset Day
Monday 1 <sup>st</sup> June 2026	Inset Day
Monday 6 <sup>th</sup> July 2026 - Friday 10 <sup>th</sup> July 2026	Year 6 PGL Marchants Hill Trip



# **PINS Webinar: Supporting High Masking Needs in Neurodivergent Girls A session for Parents / Carers and School Staff**

**Wednesday 21st January 2026  
Via Microsoft Teams**

**4.00-5.30pm Early Session join link:**

**7.00-8.30pm Late Session join link:**

Children can appear engaged at school, but may show their challenges more openly in the comfort of home. Home can often be a place where they process and release stress and where emotions and needs become more visible.

This webinar looks at masking, especially in girls, and how neurodivergent children sometimes conceal their struggles to navigate school and social environments.

In this session, Dr Pooky Knightsmith will support you to:

Spot the subtle signs that a/your child is masking

Understand the impact on their wellbeing, including anxiety, burnout, and emotional school avoidance

Discover practical, ready to use strategies that help children feel safe to unmask

We'll look at masking across the neurodivergent spectrum: including autism, ADHD, dyslexia, and more and explore small, thoughtful shifts that can make a big difference in supporting children both at school and at home.

Early session, join by  
scanning below



Late session, join by  
scanning below



# ND Navigation Roadshow



**Are you a parent of a child or young person waiting on an assessment for ADHD or Autism? Are you struggling to find information or access support?**

**Come and meet our ND Support Workers for information, advice and signposting at one of the following locations:**

**10am - 12pm  
23rd January**

**The Child Development Centre  
Crawley Hospital, West Green**

**10am-12pm  
4th February**

**Chichester Family Hub  
St James Road**

**10am - 12pm  
18th March**

**Umbrellas - Horsham  
Horsham Family Hub**

**Bookable time slots available**

**For further information and to book a slot please email:  
[nd-admin@reachingfamilies.org.uk](mailto:nd-admin@reachingfamilies.org.uk)**



**Reaching  
Families**





# UMBRELLAS

## Parent Support Groups

### Spring Term 2026

Connecting parents and carers of children and young people in West Sussex with special educational needs and disabilities



### Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

13th Jan / 3rd Feb / 3rd Mar

### Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

14th Jan / 11th Feb / 11th Mar

### Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

20th Jan / 10th Feb / 17th Mar

### Umbrellas Online

Thursdays via Zoom

7.30 - 9pm

15th Jan / 12th Feb / 5th Mar

### Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

21st Jan / 25th Feb / 18th Mar

### Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub

27th Jan / 24th Feb / 24th Mar

### Bognor Regis Umbrellas

Thursdays, 10 am - 11.30 am

Arun West Family Hub

29th Jan / 26th Feb / 26th Mar

If you would like more information about Umbrellas or the link to join Umbrellas online, please contact our outreach team.

[outreach-training@reachingfamilies.org.uk](mailto:outreach-training@reachingfamilies.org.uk)



**Reaching  
Families**

[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)

Dove Lodge, 49 Beach Road,  
Littlehampton, BN17 5JG

Registered Charity No: 1150906

Company Limited by Guarantee No: 8261096





# Reaching Families

Are you a parent or carer of a child or young person who has, or may have, special educational needs and disabilities in West Sussex?



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, training and peer support.

## Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

## Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

## Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

## Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

## Training

Workshops and courses on a variety of issues delivered in-person and online

## NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

## Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

## Facebook Group

An online parent support group providing news, information and peer support

## Animations

Short animated films on a variety of subjects

If you would like more information about how Reaching Families can help, please contact:

Email: [admin@reachingfamilies.org.uk](mailto:admin@reachingfamilies.org.uk)

Telephone: 01903 366 360

Reg Charity No 1150906



# Reaching Families

[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)



# Kidslingo



**French & Spanish  
SPEAKERS REQUIRED**

Horsham, Haywards Heath & Brighton

Do you enjoy working with children?  
Do you have your own transport?

Are you looking for a fun and flexible  
part time role?

Join our team in a self-employed  
capacity working for the multi award-  
winning Kidslingo, children's language  
franchise running after-school, online  
and nursery classes in the above areas.

Flexible hours /Full training given/  
NO lesson planning/Competitive pay



Due to the growing success of my small, local business teaching French and Spanish to young children from 0 to 11 years with Kidslingo - I am looking for a self-employed Spanish and/or French tutor to work approx. 10 hours a week across the Horsham area (Horsham, Cowfold, Rudgwick, Slinfold, Loxwood, Haywards Heath, Burgess Hill and surrounds).

My business is part of a multi award-winning national franchise called Kidslingo, running fun language classes across the UK in hundreds of schools, nurseries and venues. We now bring our fun and innovative approach to language learning to thousands of children.

- Are you a confident Spanish / French speaker?
- Do you have experience working with children?
- Are you fun and hardworking?
- Do you have your own transport?

Please get in touch if this sounds like you. Ideally you would have a recent enhanced DBS & be signed up to the DBS Update service. First aid certificate & child protection training useful, but not essential as full training is given. All lesson plans and materials provided.

Successful applicants will be subject to full safeguarding checks and require an Enhanced DBS.