

After School Clubs

Arunside Teacher- led clubs will be bookable via the MCAS app and will be running from Monday 19th January 2026 - Friday 27th March 2026 (excluding insets and holidays)

External Clubs will set their own dates and arrangements, please contact them directly.

Day of Week	Club	Times	Year Group	Places	Cost	Booking arrangements
Monday	Aspire Higher Ballet Eve Fagan Hall TBC - Confirm with Eve directly	3.30 - 4.30	Y2-6	20	£7.50 per week	Please book through: Enjoydanceclass@gmail.com Tel: 07497770074
Tuesday	Kidslingo French Mrs Davis - ICT Suite 13th January - 10th February/ 24th February -24th March	3.20 - 4.15	Y1-6	16	£8.00 per week	Tel: 07785 323437 Email: charmaine.davis@kidslingo.co.uk Book Here
	Chelsea Football Club Field / Playground 6th January - 24th March	3.20- 4.20	Y1-4	28	£83.20 per term	Years 1 to 2: Book Here Years 3 to 4: Book Here Invitation Code: APSSPR26 soccerschools@chelseafc.com
Wednesday	Art Sparks Kerry Sampson STEM Room 7th January - 25th March	3.15 - 4.20	Y2-6	15	£9.50 per week	Please book through kimventer@gmail.com Tel: 07590210178
	Kidslingo Spanish Mrs Davis - ICT Suite 14th January -11th February / 25th February - 25th March	3.20 - 4.15	Y1-6	16	£8.00 per week	Tel: 07785 323437 Email: charmaine.davis@kidslingo.co.uk To join waiting list Book Here
	Fortitude Academy Taekwon-do Hall	Discuss with club directly				Jamesbaldery@fortitudeinstructor.co.uk website
	Board Games Club Mrs Flower and Miss Thomson Sycamore Class 21st January - 25th March	3.20 - 4.15	Y3-6	20	£10	MCAS App
Thursday	Code Club Mr Heath ICT Suite 22nd January - 26th March	3.20 - 4.15	Y5-6	10	£10	MCAS App
	Culture Club (learn about different cultures and languages) Mrs Jacks - Oak Classroom 22nd January - 26th March	3.20 - 4.15	Y5-6	15	£10	MCAS App
Friday	Southern Martial Arts Karate Hall 9th January - 20th March	5.00 - 6.00	Y1 -6	30	£6.50 per session	Theresa on 07958 123777 theresa.southernmartialarts@gmail.com
	Sports Stars UK Dodgeball Hall 9th January - 27th March	3.20 - 4.20	Y3-6	20	£55.00 per term	Booking Link - https://www.sportsstarsuk.com/book-clubs/



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Aspire Higher Ballet School

These ballet classes are perfect for boys and girls who want to jump, twirl, and have fun while also learning classical ballet. Ideal for beginners, each session is filled with colourful costumes, and lively music. Your child will experience the magic of Ballet while learning proper technique.



Wednesdays for year 2-6

£7.50 per class, pay at start of term

For registration or information
Email or WhatsApp to:
Enjoydanceclass@gmail.com
Phone 07497770074

SOUTHERN MARTIAL ARTS



KARATE & KICKBOXING

努力報酬



KARATE LESSONS

AT ARUNSIDE PRIMARY SCHOOL



📍 Arunside Primary School

🕒 Fridays 5-6 pm

👥 Open to year 1 and above,
Beginners Welcome!

📅 Reserve Your Child's Spot Today

👤 Sensei Theresa

☎ 07958123777

theresa.southernmartialarts@gmail.com

Why Join Karate?

- ✓ Build confidence, focus & discipline
- ✓ Improve fitness, coordination & balance
- ✓ Learn self-defense in a fun, safe setting
- ✓ Taught by fully qualified Black Belt instructor (DBS checked, First Aid trained, fully insured)

£6.50 Pay as You Go
VAT #488 9547 09



Sensei Theresa – 07958123777

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AFTER SCHOOL CLUB



Fun, engaging, inclusive, safe football activity for boys and girls of all abilities. To book and for further details, please visit the website below and use the course and Invite code provided for the correct school year.

School Years 1-2 Course Code: **ASC-APS-X-10**
School Years 3-4 Course Code: **ASC-APS-X-11**

School	Activity Dates	Activity Day
Arunside Primary	6/1 – 24/3	Tuesdays (ex. Half-Term)

Timings	Invite Code	Price
15:20-16:20	APSSPR26 (all caps)	£83.20 (inc. VAT)

chelseasoccerschools.co.uk



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Just another kids sport? Think again!

Taekwon-Do is so much more than just kicks and punches – it's a powerful way to build confidence, respect, and life skills.

- ✓ Boosts self-esteem and resilience
- ✓ Improves focus and classroom behaviour
- ✓ Builds fitness, balance and coordination
- ✓ Fun and engaging for all abilities
- ✓ Encourages teamwork and friendship



Taekwon-Do isn't about fighting – it's about control, focus, and self-discipline.



- ✓ Teaches focus and responsibility
- ✓ Develops both body and mind
- ✓ Progress through belts and gradings
- ✓ Learn real self-defence in a safe, age-appropriate way
- ✓ Exciting mix of drills, skills, games & sparring

It's not just another sport. **It's a life skill** that supports children in everything they do – school, home, and beyond.

The heart of Taekwon-Do is about more than physical strength – **it's about developing strong character.** We live by these five core tenets:

- ✓ **COURTESY**
- ✓ **INTEGRITY**
- ✓ **PERSEVERANCE**
- ✓ **SELF CONTROL**
- ✓ **INDOMITABLE SPIRIT**




Full of energy or needing a boost in confidence? **Taekwon-Do helps your child shine** – on and off the mats.



WEDNESDAY & THURSDAY

3-5 YEARS
6-8 YEARS
9 YEARS +



No experience needed – just bring your energy!



It's never too late to try something new.

Our classes empower teens and adults alike – blending discipline with enjoyment and challenge with support.

- ✓ Practical, effective self-defence
- ✓ Develops perseverance and resilience
- ✓ Energising and mentally stimulating sessions
- ✓ Train at your own pace with expert instructors



Train together, grow together.

Our family classes are a brilliant way to share time, support each other, and achieve goals side by side.

- ✓ Unique bonding experience for families
- ✓ Builds mutual respect and teamwork
- ✓ Shared goals, shared milestones
- ✓ Suitable for all fitness levels
- ✓ Separate streams available for teens & adults

Many of our members train as families – and love it. You don't need to be "sporty." You just need to show up and try.



TRY  fortitude
TAEKWON-DO www.tkd4u.co.uk

FREE FOR 2 WEEKS

Whether you're looking to get fitter, learn real self-defence, or just take time for yourself – Taekwon-Do adapts to all levels and abilities. **No experience? No problem.**

WEDNESDAY & THURSDAY

3-5 YEARS
6-8 YEARS
9 YEARS +



Looking for something beyond the gym?

Taekwon-Do is a full-body workout that builds more than just physical fitness – it strengthens your mind, sharpens your focus, and builds confidence from the inside out.

A welcoming, supportive community. You'll gain skills that benefit every part of life – at home, at work, and in times of pressure. **Taekwon-Do is a powerful way to grow stronger – inside and out.**




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0750 221 3860
info@sportsstarsuk.com
sportsstarsuk.com

@sportsstarsuk



Arunside

years Y3 - Y6

Dodgeball

Fridays

9th Jan - 27th March
3,20pm -4.20pm
11 Sessions, £55
Free Taster Session Available



Scan me!



FUN. FRIENDS. FITNESS.

At all of our sports clubs our dedicated specialist and passionate coaches will strive to provide your child with a safe, engaging fun packed session and build up their football skills, we are not simply child care, we work incredibly hard to teach/coach and inspire every child who joins us.

BOOK NOW Visit - [Sportsstarsuk.com](https://www.sportsstarsuk.com)

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Kidslingo Popular French & Spanish Classes at Arunside!

We have had such a wonderful time delivering curriculum-aligned French and Spanish lessons to the children of Arunside and St John's for the last four years and we very much look forward to continuing this in 2026. Some spaces have become available in our French club recently and we are accepting places on our waiting list for Spanish club so please get in touch if you are interested in your child joining us. Kidslingo is a multi award-winning language franchise, delivered by qualified Primary school teacher and language specialist Charmaine Davis who has been a teacher at Arunside in the past and teaches in other schools in the Horsham and surrounding area.

Kidslingo Horsham and Haywards Heath offers quality, fun-filled French and Spanish classes taught through music, movement, singing, signs, story-telling, role play and so much more. In addition, all our classes are developed to be fully aligned to the National Curriculum Languages Programmes of Study complementing any existing language learning they receive at school.

Our classes, which are suitable for Years 1 to 6, start up again after the Christmas holidays from Monday 12th January. £8 per child per week payable in advance for a half-term block (5 weeks for this term). Please use the following links to book:

French – Tuesdays ASC

https://www.thinksmartsoftwareuk.com/ocr/lesson_booking.php?t=ohXLDiJo1tKwICX8uGpBRq%3D%3D&u=L3qDI8J7MABeE59obquzZQ%3D%3D&p_id=7&c=484

Spanish – Wednesdays ASC (waiting list)

https://www.thinksmartsoftwareuk.com/ocr/lesson_booking.php?t=ohXLDiJo1tKwICX8uGpBRq%3D%3D&u=L3qDI8J7MABeE59obquzZQ%3D%3D&p_id=7&c=491

Please contact Charmaine Davis directly for more information or to find out about other French and Spanish lessons on offer including online and private lessons.

Charmaine.davis@kidslingo.co.uk 07785 323437 [Kidslingo Horsham & Haywards Heath | Facebook](#)

[French Classes Horsham & Haywards Heath - Kidslingo](#) / [Spanish Classes Horsham & Haywards Heath - Kidslingo](#)



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Artsparks

Art Club

@Arunside School

Wednesdays

First Session: 14th January
Last Session: 25th March

3:15 - 4:20

£9.50 /session

Year 2 - 6

Contact Kim to book.
07590210178
kimventer@gmail.com
www.artsparks.art

Watercolours
Acrylics
Clay
Sketching
Collage
Pastels

