



# Arunside Announcements



Week Commencing  
Monday 8th December 2025

## EYFS, Year 1 and Year 2 Christmas Productions



For those still needing to book seats for the upcoming Christmas productions please click on the relevant link below for your child's class (reminder there are a maximum of two tickets permitted per child):

- [EYFS Thursday 11<sup>th</sup> December at 2.30pm](#)
- [Year 1 Monday 8<sup>th</sup> December at 2.30pm](#)
- [Year 2 Wednesday 10<sup>th</sup> December at 2.30pm](#)



## Lovely Lunches



When planning packed lunches, please be mindful that the children only have 10-15 minutes to eat, and some students are being overwhelmed by the amount of food they have been given. Providing the children have had breakfast and a **healthy** mid-morning snack, lunches do not need to be excessive in size. Please also speak with your children to see if they enjoy having hot food. Many meals are being left uneaten, which is both a financial and environmental waste.

## Christmas Jumper Day

Don't forget Christmas Jumper Day is coming up on **Friday 12<sup>th</sup> December 2025**. Jumpers are to be worn over school uniform. Donations will be going towards Save The Children.



## Spare Clothes



Aside from EYFS classes, we do not keep spare uniform in school. In this weather we have had a few children slip onto the mud when playing. We do recommend keeping some socks and trousers in a bag to change into.

## Library Books

We will be collecting all library books in before the Christmas holidays and no new books will be issued during our final week of term, **Monday 15<sup>th</sup> December - Friday 19<sup>th</sup> December**. Please could you remind your child/children to bring books back over the next couple of weeks. The library will still be open for the children to come in and read every day. It has been wonderful to see so many children enjoying our library this year and so far we have loaned over 1200 books!



## After School Clubs

A message went out to all parents earlier this week showing the availability of after-school clubs in the spring term.

We now have an additional Culture Club which will run on Thursdays. In this club the children will learn about all of the different cultures and languages we have at Arunside. I have updated the club timetable below and on the school website. This is now available to book.



# Arunside Announcements

Week Commencing  
Monday 8th December 2025



## Battery Battle Results!

At lunch on Monday, the Eco-Logic League met to weigh the batteries!

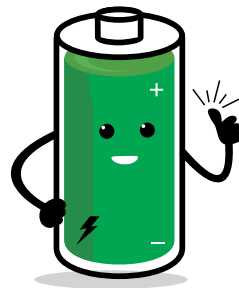
**Congratulations to Willow class who are the winners!**



I've also included a couple pictures of all the batteries which we have collected as a school!

Thanks so much!

Mrs Flower and the Eco-Logic League



Class	Weight (kg)
Daisy	n/a
Buttercup	n/a
Poppy	0.8
Bluebell	13.5 (27.8 with industrial batteries)
Clover	20.05
Dandelion	12.95
Willow	21.85 (59.6 with buckets from office)
Holly	2.0
Hazel	6.8
Sycamore	8.2
Chestnut	4.8 (42.55 with buckets from office)
Oak	9.8
Lime	4.05
Rowan	6.0

Green – First

Yellow – second

Red – Third



# Arunside Announcements

Week Commencing  
Monday 8th December 2025



## Arunside PTA Notices

### Christmas Raffle

Our PTA Christmas Raffle is now live and runs until Sunday evening!  
We have some amazing prizes, including:

- 🎮 Nintendo Switch 2 + Mario Kart World Bundle
- 🏕️ Two-night family camping trip
- 🎤 The Big Gig 2026 tickets
- 📷 Family photoshoot
- 👤 Holiday club sessions
- 🎟️ Free entries to popular attractions

...and much more!

Tickets are £1 each

Visit the raffle page for the full prize list, entry details and T&Cs: [pta.events/xmas2025](https://pta.events/xmas2025)

Good luck, and thank you for supporting Arunside PTA's fundraising efforts!



### Festive Bake Sale

**Our Festive Bake Sale is on Friday 12th December at 3:10pm on the school playground!**

Please help support our fundraising by donating nut-free cakes.

Donations can be dropped off on the morning of the sale.

If you'd like your container back, please label it with your name.

Thank you for your support!





## Key Dates for The Diary



Date	Details
Monday 8th December 2025	Flu Vaccines
Monday 8th December 2025	Year 1 Christmas Production 2.30pm
Wednesday 10th December 2025	Year 2 Christmas Production 2.30pm
Wednesday 10th December 2025	Easy Lunch Christmas Lunch
Thursday 11th December 2025	EYFS Nativity 2.30pm
Friday 12th December 2025	Christmas Jumper Day for Save The Children
Friday 12th December 2025	Rocksteady Christmas Concert 9.30am
Tuesday 16th December 2025	Years 3 & 4 Carol Service 2.00pm
Wednesday 17th December 2025	Years 5 & 6 Carol Service 2.00pm
Monday 5th January 2026	Inset Day
Mondy 23rd February 2026	Inset Day
Monday 23 <sup>rd</sup> - Tuesday 24 <sup>th</sup> March 2026	Year 4 Lodge Hill Trip
Monday 13th April 2026	Inset Day
Monday 1st June 2026	Inset Day
Monday 6 <sup>th</sup> July 2026 - Friday 10 <sup>th</sup> July 2026	Year 6 PGL Marchants Hill Trip



# After School Clubs

Arunside Teacher- led clubs will be bookable via the MCAS app and will be running from Monday 19th January 2026 - Friday 27th March 2026 (excluding insets and holidays)  
External Clubs will set their own dates and arrangements, please contact them directly.

Day of Week	Club	Times	Year Group	Places	Cost	Booking arrangements
Monday	Aspire Higher Ballet Eve Fagan Hall TBC - Confirm with Eve directly	3.30 - 4.30	Y2-6	20	£7.50 per week	Please book through: <a href="mailto:Enjoydanceclass@gmail.com">Enjoydanceclass@gmail.com</a> Tel: 07497770074
Tuesday	Kidslingo French Mrs Davis - ICT Suite 13th January - 10th February/ 24th February -24th March	3.20 - 4.15	Y1-6	16	£8.00 per week	Tel: 07785 323437 Email: <a href="mailto:charmaine.davis@kidslingo.co.uk">charmaine.davis@kidslingo.co.uk</a> <a href="#">Book Here</a>
	Chelsea Football Club Field / Playground 6th January - 24th March	3.20- 4.20	Y1-4	28	£83.20 per term	Years 1 to 2: <a href="#">Book Here</a> Years 3 to 4: <a href="#">Book Here</a> Invitation Code: APSSPR26 <a href="mailto:soccerschools@chelseafc.com">soccerschools@chelseafc.com</a>
Wednesday	Art Sparks Kerry Sampson STEM Room 7th January - 25th March	3.15 - 4.20	Y2-6	15	£9.50 per week	Please book through <a href="mailto:kimventer@gmail.com">kimventer@gmail.com</a> Tel: 07590210178
	Kidslingo Spanish Mrs Davis - ICT Suite 14th January -11th February / 25th February - 25th March	3.20 - 4.15	Y1-6	16	£8.00 per week	Tel: 07785 323437 Email: <a href="mailto:charmaine.davis@kidslingo.co.uk">charmaine.davis@kidslingo.co.uk</a> To join waiting list <a href="#">Book Here</a>
	Fortitude Academy Taekwon-do Hall	Discuss with club directly				<a href="mailto:Jamesbaldery@fortitudeinstructor.co.uk">Jamesbaldery@fortitudeinstructor.co.uk</a> <a href="#">website</a>
	Board Games Club Mrs Flower and Miss Thomson Sycamore Class 21st January - 25th March	3.20 - 4.15	Y3-6	20	£10	MCAS App
Thursday	Code Club Mr Heath ICT Suite 22nd January - 26th March	3.20 - 4.15	Y5-6	10	£10	MCAS App
	Culture Club (learn about different cultures and languages ) Mrs Jacks - Oak Classroom 22nd January - 26th March	3.20 - 4.15	Y5-6	15	£10	MCAS App
Friday	Southern Martial Arts Karate Hall 9th January - 20th March	5.00 - 6.00	Y1 -6	30	£6.50 per session	Theresa on 07958 123777 <a href="mailto:theresa.southernmartialarts@gmail.com">theresa.southernmartialarts@gmail.com</a>
	Sports Stars UK Dodgeball Hall 9th January - 27th March	3.20 - 4.20	Y3-6	20	£55.00 per term	Booking Link - <a href="https://www.sportsstarsuk.com/book-clubs/">https://www.sportsstarsuk.com/book-clubs/</a>



Hola!  
Bonjour







This is an invitation to parents and swimmers.  
Crawley Swimming Club has created more space to provide more swimmers with the opportunity to train with this top Sussex, Southeast and National medal-winning club.

We offer high-quality learning and development in a nurturing club environment for children aged 6 years old and over.

With a limited number of trials running throughout the term please arrange a trial now by emailing Sharon at [enquiries@crawleysc.co.uk](mailto:enquiries@crawleysc.co.uk).

Crawley Swimming Club is a registered Charity, and its mission is to support the development of aquatics across Sussex and Surrey.

So please come join the team today!

Kind regards,  
Simon

Assistant Head Coach

We're looking for singers  
for our performances of

## HOLY MOSES!

by Chris Hazell



Open to all children in Years 3 – 6 who would like to take part  
Performances on Friday 20th and Saturday 21st March 2026  
Rehearsals will be on Thursdays from 5.30 – 6.30 pm at St Mary's Church, Horsham  
Starting on Thursday 8th January

For more information, please contact Jeremy Weaver and Judie Finlay at [childrensmusical@horshamstmarys.org.uk](mailto:childrensmusical@horshamstmarys.org.uk)



**CLOUD 9**  
SLEEPOVER PARTIES

## SLEEPOVER PARTIES

*Cloud 9 Sleepover Parties bring the magic right to your home. Stress-free setups, dreamy décor and unforgettable experiences your little ones will cherish*

### ALL PACKAGES INCLUDE :

- Comfortable foam mattresses, bedding and tents
- Themed accessories - 12 themes to choose from!
- Activity and a themed keepsake



CONTACT US NOW

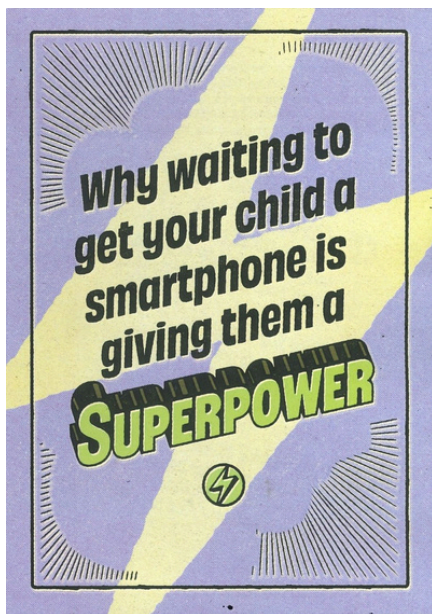
- 07877 290687
- [contact@cloud9sleepovers.co.uk](mailto:contact@cloud9sleepovers.co.uk)
- [www.cloud9sleepovers.co.uk](http://www.cloud9sleepovers.co.uk)

FIND US ON:

- Facebook
- Instagram
- covering Horsham, Crawley and surrounding areas







## Kids & smartphones - what's the big deal?

<b>Opportunity cost</b> More scrolling means less time for play, movement, reading and real-life connection – the building blocks of a healthy childhood.	<b>Harmful content</b> Extreme, explicit content is just a click away – often served by algorithms, even when kids aren't looking for it.	<b>Mental health</b> Since smartphones became widespread, teen anxiety, depression and self-harm have surged. Early use is linked to poorer mental health.
<b>Addiction</b> Apps are designed to hook kids in. The longer they scroll, the more money tech companies make – at any cost.	<b>Attention</b> Smartphones hijack focus. Constant pings and notifications make it harder for kids to concentrate, learn, and enjoy deep focus.	<b>Family life</b> Phones can quietly dominate home life – fuelling arguments, draining attention, and crowding out real connection between parents and kids.
<b>Cyberbullying</b> Conflicts no longer end at the school gate – they follow kids home, with no off switch and no escape.	<b>Sleep</b> Blue light and late-night scrolling disrupt rest and recovery – leaving kids wired, overtired, and struggling to function the next day.	<b>Grooming</b> Predators target kids on popular apps like TikTok and Snapchat – especially when they first get unsupervised smartphone access.

Explore the evidence and discover the solution at [SMARTPHONEFREECHILDHOOD.ORG](https://SMARTPHONEFREECHILDHOOD.ORG)

The no.1 reason we get our kids smartphones is because we don't want to deny them something all their friends have. None of us want our kids to feel left out, and the peer pressure is real – especially around the transition to secondary school. But as hard as it can be to stay strong, waiting a few years isn't holding them back, it's giving them a superpower.

**Here are 7 reasons why:**

- 01 More time**  
 Based on UK kids' average usage, they could get over 35 hours a week back to use in the real world.
- 02 More freedom**  
 More space to grow into themselves – without pressure from likes, trends, or group chats.
- 03 Real social skills**  
 They build confidence and vital skills by talking, listening, and laughing together – face to face.

- 04 Better mental health**  
 Less time scrolling means less anxiety, fewer comparisons, and more joy in the everyday.
- 05 Digital resilience**  
 They learn to use tech intentionally – creating, thinking, questioning, not just scrolling endlessly.
- 06 Focused learning**  
 Without constant distractions kids can focus, think clearly and get in the zone – in and out of school.
- 07 Proper sleep**  
 No late-night scrolling means deeper rest, brighter moods, and a brain ready for tomorrow.

## SMARTPHONE FREE CHILDHOOD

Smartphone Free Childhood is a growing grassroots movement of families choosing to delay smartphones and social media, together.

Our mission is to give kids more time to grow, explore, and connect – free from addictive technology and algorithm-driven distractions.

**Join the movement. Let's let kids be kids.**

**Sign the Parent Pact to delay**

Or find out more at [SMARTPHONEFREECHILDHOOD.ORG](https://SMARTPHONEFREECHILDHOOD.ORG)

**It turns out giving your child secret superpowers isn't the stuff of sci-fi.**

**All it takes is a decision to delay.**

Sign the Parent Pact and join hundreds of thousands of families delaying smartphones and social media – together.





## Hamlets Prospectus

ARIEL D R A M A  
ACADEMIES



## What Are Hamlets?

- Ariel Drama Academies early years programme
- Ages: 4-7
- 45 minutes per week
- Small class sizes for personalised support

## What We Do

Our 45-minute classes blend creativity, confidence-building and performance skills in a fun, supportive environment.

- Drama & Creative Storytelling
- Character creation & emotional expression
- Singing & vocal confidence
- Creative dance & movement
- Mini-scenes & group acting
- Teamwork exercises & fun team-building activities



## Buddying Scheme

We are proud to offer our unique, award-winning Buddying Scheme, where our senior students support, guide, and inspire younger members —boosting confidence, building friendships, and creating a warm, inclusive community.



### End-of-Term Sharing Sessions

Students have the chance to proudly share what they've learned with family and friends in relaxed, confidence-building end-of-term sharing.

### Perform in Academy Showcases

Opportunities to take part in our exciting academy showcases, performed in a **professional theatre**, giving students real stage experience

### Progress Without Pressure

We focus on growth, confidence, and creativity **not** pressure. Every child learns at their own pace in a caring, supportive, and encouraging environment.

## Our Aims

- Confidence & communication
- Social & emotional development
- Creativity & imagination
- Early performance skills





## A Safe and Supportive Environment

DBS-checked staff

Inclusive and nurturing ethos

Strong safeguarding

Experienced drama educators

## Our Academies

Inspiring Young Performers across Sussex

We are proud to run 7 academies across Sussex.

Each academy runs on either a Saturday morning or afternoon.

### Saturday Morning Academies:

- Burgess Hill
- Crawley
- Shoreham
- Uckfield

### Saturday Afternoon Academies:

- East Grinstead
- Haywards Heath
- Horsham

For full details of age groups and class times, please visit our website:  
[Ariel Drama Passion for Performing, Skill for Life](#)



## Connect With Us

- Follow us on Facebook for the latest updates and community news.
- Join our Instagram community to see behind-the-scenes moments and performances.
- Visit our website for detailed information on programmes and events.
- Contact us with any queries or questions.



[Facebook](#)



[Instagram](#)



[YouTube](#)



[contactus@arielct.com](mailto:contactus@arielct.com)



[Drama Academies VT](#)



[SEN Othellos VT](#)



[www.arielcompanytheatre.com](http://www.arielcompanytheatre.com)



[www.arieldrama.com](http://www.arieldrama.com)