

**Christmas Jumper Day for Save The Children** – Arunside will be taking part in this on Friday 12<sup>th</sup> December 2025. Details to be confirmed nearer the time.

Book Fair Monday 17<sup>th</sup> to Thursday 20<sup>th</sup> November – We are running another book fair in November and as per usual, the children will be given an opportunity to get their wish lists ready for the opening of the fair on Monday 17<sup>th</sup> November from 3.30 - 4.00pm in the ICT suite. Parents will be able to visit at these times on the days allocated to individual classes until Thursday 20<sup>th</sup> November. More details will follow after half-term.



School Photos Deadline 11<sup>th</sup> November 2025 – You will have received your child's school photo proof from Yellow with instructions on how to place an order. Please note the closing date is Tuesday 11<sup>th</sup> November 2025.



**School Readers** – We are still looking for more volunteer school readers. Applicants will need to undergo safeguarding training and a DBS check, and commit to a regular routine. If you are interested, please contact the school office.

Parents Evening Support Hub – In addition to hosting individual parent appointments, we will also be running a Support Hub in the ICT Suite during both Parents Evenings. We will have members of the pastoral team on hand to answer any queries and special guest Rob Long Will be offering guidance on the benefits of encouraging a "smartphone-free

childhood." You can find more information on this via: <a href="https://www.smartphonefreechildhood.org/">https://www.smartphonefreechildhood.org/</a>

Clubs on Parents Evenings – Reminder that there will be no Young Voices or Colouring Club on the Parents Evenings, as these are led by the teachers.



**Clocks Changing** – Don't forget the clocks go back one hour on Sunday night / Monday morning.

Sussex Green Living - Monthly Crafternoon Sessions. - Please see details below the newsletter.

Year 3 Ancient Egyptians Workshop – Please remember to make payments on MCAS.

**PE Timetable** - Please check our link on the school website for the new PE timetable starting after Half Term <a href="https://arunside.school/wp-content/uploads/2025/10/Autumn-Term-25-PE-Timetable-2nd-half.pdf">https://arunside.school/wp-content/uploads/2025/10/Autumn-Term-25-PE-Timetable-2nd-half.pdf</a>

**PE Kit, Forest School Clothes and Packed Lunch** - This term we have had a large volume of children visiting the school office, asking for calls to be made home to bring missing items in. Whilst we know this must be equally frustrating for parents, please encourage your children to get into the good habit of triple-checking their belongings before they leave home to save unnecessary disruptions to class.



Parent Governor Vacancy — As has been communicated by separate email and in the Headteachers Newsletter, Arunside School is recruiting for a new Parent Governor. If you have any queries about this role, please email <a href="mailto:clerk@arunside.school">clerk@arunside.school</a>. Paper nomination forms will be available from the school office if you wish to apply but do not have access to a printer.

**Reaching Families** - Please find a series of flyers below from Reaching Families, a parent-carer led charity which aims to empower parent-carers and families of children and young people with special educational needs and disabilities in West Sussex through the delivery of information, training and peer support.

**Royal British Legion Poppy Appeal** - The Year 6 children will be selling Remembrance items on behalf of the Royal British Legion the first week back. There are poppies to buy alongside snap bands, wristbands and keyrings. If the children would like to purchase something, please send them in with 20p for poppies and £1 for other items on their designated days.



- Years 1 children will be able to buy on Monday
- Years 2 can make purchases on Tuesday
- Years 3 & 4 can make purchases on Monday and Wednesday
- Years 5 & 6 Tuesday and Thursday
- EYFS can buy on Wednesday

Any KS1 can buy surplus stock on Thursday. Any remaining items can be purchased on

Friday by children in any year group.

Appropriate Clothing – Please consider the weather when sending children to school. A few children have been spotted looking very cold at breaktimes because they haven't brought a coat. We expect to see all children in warm clothes after the Half Term break.

Wellbeing Coffee Morning Wednesday 3<sup>rd</sup> December 2025 - See flyer for details





**PTA Xmas4Schools** - The Xmas4Schools online ordering portals are now live. Ordering links have been sent out — simply follow the link you received to order your child's Christmas products.

Please remember that £1.00 from every product sold goes straight back to the PTA to support school projects.

#### The deadline for orders is Thursday 30th October.

If you haven't received your unique order code, please contact pta@arunside.school



### **Key Dates for the Diary**

Monday 27 <sup>th</sup> October – Friday 31 <sup>st</sup> October Half Term  Thursday 6 <sup>th</sup> November – Year R & 1 Phonics meetings 2.30pm and 5.30pm  Friday 7 <sup>th</sup> November – Years 5 + 6 Remembrance Assembly at 9.15am  Tuesday 11 <sup>th</sup> November – Parents Evening (Late)  Thursday 13 <sup>th</sup> November – Parents Evening (Early)  Monday 17 <sup>th</sup> – Thursday 20 <sup>th</sup> November Book Fair (details TBC)  Tuesday 25 <sup>th</sup> November – Year 4 Ukulele concert 2.30pm  Wednesday 3 <sup>rd</sup> December – Wellbeing Coffee Morning 9.00am-11.30am  Monday 8 <sup>th</sup> December – Flu Vaccines  Monday 8 <sup>th</sup> December – Year 1 Christmas Production times TBC  Wednesday 10 <sup>th</sup> December – Year 2 Christmas Production times TBC  Thursday 11 <sup>th</sup> December – EYFS Nativity times TBC  Friday 12 <sup>th</sup> December – Christmas Jumper Day for Save The Children  Tuesday 16 <sup>th</sup> December – Years 3 + 4 Carol Service times TBC  Wednesday 17 <sup>th</sup> December – Years 5 + 6 Carol Service times TBC  Friday 12 <sup>th</sup> December – Rocksteady Christmas Concert 9.30am  Monday 5 <sup>th</sup> January 2026 – Inset Day  Monday 23 <sup>rd</sup> February 2026 – Inset Day  Monday 13 <sup>th</sup> April 2026 – Inset Day			
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### **SUPPORTING PARENTS & CARERS**

Mrs Lee and Mrs Roberts invite you to a Wellbeing coffee morning here at Arunside School. Drop-in, no need to book!



Wednesday 3<sup>rd</sup>
December



9am-11.30am

Join us for an informal coffee morning. It's a chance to chat, connect, share ideas, and hear about ways to support wellbeing at home and in school. Everyone is welcome — just drop in for a coffee and a friendly conversation.







New Community Event: Crafternoons
Funded with thanks to The National Lottery
Join us for the launch of our new monthly Crafternoons at the Sussex Green Hub
Saturday 25 October, 12 noon to 2 pm
United Reformed Church, 45 Springfield Road, Horsham, RH12 2RG

Crafternoons are relaxed, creative drop-in sessions for all ages, offering a space to get hands-on, learn new skills and enjoy some community connection. Bring along your knitting, embroidery, drawing or any project you are working on or simply join in with the activities on offer. There will also be a range of repurposed materials to spark ideas, plus tea, coffee and cake from the community café.

To help kick things off:

- Jean Francis will run fun sessions at 12 noon and 1 pm showing how to make mini people characters (materials provided; donations welcome).
- Em from Em Makes will demonstrate how to turn pre-loved clothing, buttons and beads into unique pieces of art. Bring your own and have a go, with canvas and supplies provided.

A brilliant afternoon for wellbeing, creativity and connection and you will take home something handmade too.

Coming along? Make the most of your visit, book in a repair, top up your refills and see what else is happening at the Sussex Green Hub!

Many thanks,

Marianne Lindfield.

Climate Action Engagement Officer, Sussex Green Living



## **TRAINING**

**AUTUMN TERM 2025** 





#### **WORKSHOPS**

Making Sense of Masking	Tuesday 11 <sup>th</sup> November	10.30am <i>-</i> 12.30pm
Wellbeing - Communication skills for parents and carers	Tuesday 18 <sup>th</sup> November	10.30 am - 12 pm
Understanding Autism in Girls	Wednesday 19 <sup>th</sup> November	7.30 - 9.30 pm
Making Sense of Disability Living Allowance (DLA)	Thursday 27 <sup>th</sup> November	10.30am - 12.30pm
Making Sense of Anxiety in Children (Primary age)	Tuesday 2 <sup>nd</sup> December	7.30 - 9.30 pm
Making Sense of Adult Life - Supporting Adolescents	Thursday 11 <sup>th</sup> December	7.30 - 9.30 pm
Understanding Sensory Processing Differences	Friday 12 <sup>th</sup> December	10.30am <i>-</i> 12.30pm

#### All of the above training will be delivered on Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk



All our workshops are free of charge. For more information or to book a place, please visit our Eventbrite page or scan the QR code.

reachingfamilies.eventbrite.com



www.reachingfamilies.org.uk Registered Charity No: 1150906 Company Limited by Guarantee No: 8261096



## **Umbrellas**

Parent Support Group

Autumn Term 2025

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



#### **Shoreham Umbrellas**

Tuesdays, 10 am - 11.30 am

Adur East Family Hub (Shoreham)

9th Sep / 7th Oct / 4th Nov / 2nd Dec

### **Littlehampton Umbrellas**

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

10th Sep / 8th Oct / 5th Nov / 3rd Dec

### **Worthing Umbrellas**

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

16th Sep / 14th Oct / 11th Nov / 9th Dec

#### Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

17th Sep / 15th Oct / 19th Nov / 17th Dec

#### **Chichester Umbrellas**

Thursdays, 10 am - 11.30 am

Donnington Parish Hall

25th Sep / 23rd Oct / 20th Nov / 11th Dec

### **Burgess Hill Umbrellas**

Tuesdays, 10 am - 11.30 am
The Cherry Tree Centre
23rd Sep / 21st Oct / 25th Nov / 16th Dec

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

#### Email

outreach-training@reachingfamilies.org.uk



www.reachingfamilies.org.uk

# Umbrellas Online Thursdays via Zoom

7.30 pm - 9 pm
7.30 pm - 9 pm
7.30 pm - 9 pm
7.30 pm - 9 pm





Are you a parent or carer of a child or young person who has, or may have, special educational needs and disabilities in West Sussex?



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, training and peer support.

### Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

#### **Umbrellas**

Parent support groups based at locations across West Sussex and online, via Zoom

### **Training**

Workshops and courses on a variety of issues delivered online, via Zoom

#### Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

#### **Animations**

Short animated films on a variety of subjects

#### **Fact sheets**

Covering a range of SEND issues localised to the needs of West Sussex families

#### **Benefits Advice Service**

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

### **NDP Navigation Service**

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

### **Facebook Group**

An online parent support group providing news, information and peer support

If you would like more information about how Reaching Families can help, please contact:

Email: admin@reachingfamilies.org.uk Telephone: 01903 366 360

Reg Charity No 1150906





www.reachingfamilies.org.uk