EYFS

Arunside Curriculum Plan PE Key Stage 1



Introduction to PE **Gymnastics**

Dance **Fundamentals**

Athletics/ Sports Day

Ball Skills

Yoga **Fundamentals** Ball Skills Sending and Receiving

Target Games **Gymnastics** Fitness Net and Wall

Athletics Dance Striking and Fielding **Team Building**

Dance **Gymnastics** Ball Skills

undamental

Receiving Team Building

Fitness Net and Wa

Key Stage 2



undamental Tag Rugby SH Athletics Football

Y4

Sports Day **County Dancing** Cricket

Basketball **Gymnastics** Hockey

Football **SH Athletics** OAA

Y3

Invasion Games Striking and Fielding Team Building

Sports Day

Football **SH Athletics**

Fitness Tag Rugby **Gymnastics**

Athletics Sports Day OAA Dance Cricket

Y6

Football Netball Tag Rugby Dance

SH Athletics **Fitness Gymnastics** Hockey

Rounders Golf

Tennis

Sports Day



Swimming