# First aid policy

# **Arunside Primary School**



Approved by: Headteacher Date: February 2023

Last reviewed on: November 2021

Next review due by: Headteacher – February 2024

# Signed:

# Mrs. Donna Jagger (Headteacher)

Date	Section	Policy review updates:		
08th November 2021	2	All links have been updated to provide e-access		
08 <sup>th</sup> November 2021	4.2	Added 'and associated medication where necessary' for accuracy.		
		The following paragraph has been restructured to accurately reflect that first aiders attend all trips and pediatric first aiders attend when required: There will always be at least one first aider on school trips and visits, including a current pediatric first aider when required under the statutory framework for the Early Years Foundation Stage.		
08 <sup>th</sup> November 2021	5 (4 <sup>th</sup> Bullet point)	Added 'used by The Easy Lunch Food Company' for clarity		
08 <sup>th</sup> November 2021	7.4	Inserted the following to update the new term for MASH: Integrated Front Door team (previously known as MASH)		
08 November 2021	Appendix 1&3	Updated with current personnel and their training position.		
22 February 2023  3.1 Appointed persons and first aiders		Name inserted. Word 'scanned' inserted in bullet point 5 and clarity given to the types of incidents that are reportable		

22 February 2023	3.1 Appointed persons and first aiders,	oviding clarity to the new 'School Incident Reporting' rms to be used for reporting an accident	
	Section 3.4 Staff,		
	Section 4.1 In- School Procedures		
	Section 7.1 First aid and accident record book		
22 February 2023	Section 4.2 Off- site Procedures	Giving clarity to the need for parents contact details to be recorded on all permission slips	
22 February 2023	Section 5 First Aid Kits	The contents have been updated to reflect current guidelines	
22 February 2023	Section 6 First Aid Facilities	A defibrillator is located in the school office	
22 February 2023	Section 8 and Appendicles	Appendix 3 removed as it was a repetition of Appendix 1. Wording in Section 8 amended accordingly	

# Contents

1. Aims	3
2. Legislation and guidance	3
3. Roles and responsibilities	3
4: First aid procedures:	5
5. First aid equipment	5
6. Record-keeping and reporting	7
7. Training	9
8. Monitoring arrangements	9
9. Links with other policies	9
Appendix 1: list of appointed persons for first aid and trained first aiders	10
Appendix 2: accident report forms	13
Appendix 3: first aid training log	14

#### 1. Aims

The aims of our first aid policy are to:

- Ensure the health and safety of all staff, pupils and visitors
- Ensure that staff and governors are aware of their responsibilities with regards to health and safety
- Provide a framework for responding to an incident and recording and reporting the outcomes

### 2. Legislation and guidance

This policy is based on the <u>Statutory Framework for the Early Years Foundation Stage</u> and <u>Early years foundation stage</u>: <u>coronavirus disapplication</u> guidance, advice from the Department for Education on <u>first aid in schools</u>, <u>health and safety in schools</u> and <u>actions for schools during the coronavirus</u> outbreak, and the following legislation:

The Health and Safety (First Aid) Regulations 1981, which state that employers must provide adequate and appropriate equipment and facilities to enable first aid to be administered to employees, and qualified first aid personnel

The Management of Health and Safety at Work Regulations 1992, which require employers to assess the risks to the health and safety of their employees

<u>The Management of Health and Safety at Work Regulations 1999</u>, which require employers to carry out risk assessments, implement necessary measures, and arrange for appropriate information and training

The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013, which state that some accidents must be reported to the Health and Safety Executive (HSE), and set out the timeframe for this and how long records of such accidents must be kept

<u>Social Security (Claims and Payments) Regulations 1979</u>, which set out rules on the retention of accident records

<u>The School Premises (England) Regulations 2012</u>, which require that suitable space is provided to cater for the medical and therapy needs of pupils

# 3. Roles and responsibilities

#### 3.1 Appointed persons and first aiders

The school's appointed person (Rachael Stoffell) is responsible for:

- Taking charge when someone is too injured or too ill to be treated by a first aider at the site of injury
- Ensuring that an ambulance or other professional medical help is summoned when appropriate or for sending pupils home to recover, where necessary
- Ensuring there is an adequate supply of medical materials in the school office first aid kit
- Ordering all first aid supplies for the school
- Placing a scanned copy on the pupil's educational record of any accident report form relating to reportable accident (including head-bumps treated in the school office)
- Displaying in a prominent place, the names of current first aiders and the responsible persons

First aiders are trained and qualified to carry out the role (see section 8) and are responsible for:

- Acting as first responders to any incidents; they will assess the situation where there is an injured or ill person, and provide immediate and appropriate treatment
- Completing a 'School Incident Reporting Form' on the day of the incident, or as soon as is reasonably practicable after dealing with the incident.
- Keeping their contact details up to date with the School Business Manager

Our school's first aiders who cover playground duty are required to wear are, in addition to the above, responsible for:

 Ensuring there is an adequate supply of medical materials in the first aid kits (stored in grab-bag rucksacks) that are used on the playground and replenishing the contents of these kits.

Our school will ensure that there is at least one qualified pediatric first aiders on site at all times during school hours and available to accompany school visits for pupils within our EYFS.

The appointed persons, first aiders and pediatric first aiders are listed in appendix 1. Their names will also be displayed prominently around the school.

#### 3.2 The local authority and the governing body

West Sussex, as our local authority, has ultimate responsibility for health and safety in the school, but delegates the responsibility for strategic management of such matters to the school's governing board.

The governing board delegates operational matters and day-to-day tasks to the headteacher and staff members.

The local authority has provided specific reassurance to staff that general first aid procedures carried out by trained staff are covered under the school's public liability insurance.

#### 3.3 The headteacher

The headteacher is responsible for the implementation of this policy, including:

- Ensuring that the appointed persons and the appropriate number of trained first aid personnel are present in the school at all times including at events such as parents' evenings, evening concerts etc.,
- Ensuring that first aiders have an appropriate qualification, keep training up to date and remain competent to perform their role
- Ensuring that all staff are aware of first aid procedures, the location of the first equipment and the names of the staff responsible for first aid duties
- Ensuring that first aid information is included in the induction program
- Ensuring the completion of appropriate risk assessments and that appropriate measures are put in place
- Ensuring that adequate space is available to catering for the medical needs of pupils
- Reporting specified incidents to the HSE and other bodies when necessary (see section 7)
- Monitoring and approving this first aid policy and the associated procedures.

#### 3.4 Staff

School staff are responsible for:

- Ensuring they follow the school's first aid policy and procedures
- Ensuring they know who in the school is a trained first aider
- Completing a School Incident Reporting Form (see Appendix 2) for all incidents they attend.
- Informing the headteacher or their manager of any specific health conditions or first aid needs not addressed by a first aider

## 4. First aid procedures

#### 4.1 In-school procedures

In the event of an accident or injury:

- The closest member of staff present will assess the seriousness of the injury and seek the assistance of a qualified first aider if appropriate to provide the first aid treatment required
- The first aider, if called, will assess the injury and treat at the site of injury
  unless further assistance or resources are needed from a colleague or the
  emergency services. The playground first aider can summons help by asking a
  responsible pupil to take the 'RED' emergency card to the school office. The first
  aider will remain with the casualty until help arrives.
- The first aider will also decide whether the injured person should be moved or placed in a recovery position
- If the first aider judges that a pupil is too unwell to remain in school, steps will be taken
  by one of the appointed persons to contact the parents who will be asked to collect
  their child. Upon their arrival, the appointed person will recommend next steps to the
  parents
- If emergency services are called, the appointed person will contact parents immediately
- The first aider will complete a School Incident Reporting Form on the same day or as soon as is reasonably practical after an incident resulting in an injury

#### 4.2 Off-site procedures

When taking pupils off-site, away from the school premises, staff will ensure they always have the following:

- A school mobile phone
- A portable first aid kit contained in a grab-bag rucksack
- Information about the specific medical needs of pupils and associated medication where necessary
- Parents' contact details recorded on all permission slips

There will always be at least one first aider on school trips and visits, including a current pediatric first aider where required under the statutory framework for the Early Years Foundation Stage.

Risk assessments will be completed by the group/visit leader prior to any educational visit that involves pupils being taken off-site.

# 4.3 Extended-school procedures (e.g. after school clubs run by external providers and PTA events)

All external providers are required to be first aid trained and fulfil the first aider responsibility outlined above for all pupils in their care during their sessions. This includes ensuring that an ambulance or other professional medical help is summoned when appropriate (although support will be always offered by the school if resources permit).

The PTA are responsible for ensuring that first aid will be available when necessary at the events they

run. The need for first aid provision will be identified in the risk assessment undertaken by the PTA before each event.

As per our Lettings Policy, the hirer will be responsible for making their own first aid arrangements, such as providing First Aid training for the supervising personnel and the provision of a First Aid kit. The use of school resources is not available.

#### 5. First aid kits

Our first aid kits are stored in:

• The lockable medical cupboard in the school office

- The food technology classrooms
- Grab-bag rucksacks in every classroom
- The school kitchen used by The Easy Lunch Food Company.
- Green First Aid bum-bags used by first aiders on playground duty and located on hooks adjacent to the middle exit door opening on to the playground

The first aid supplies in our school will be kept in the office, in the lockable wall cupboard which has a white cross on a green background. Our office first aid kit will be kept in an orange case, with a white cross on a green background and will include the following:

- A leaflet with general first aid advice
- 20 individually wrapped sterile adhesive dressings (assorted sizes)
- Two sterile eye pads
- Four individually wrapped triangular bandages (preferably sterile)
- Six medium-sized (approximately 12cm x 12cm) individually wrapped sterile unmedicated wound dressings
- Two large-size (approximately 18cm x 18cm) sterile individually wrapped unmedicated wound dressings
- Adhesive tape
- Two pairs of disposable gloves
- Scissors
- Cold compresses
- · 20 moist cleansing wipes
- Bumped head-wrist bands
- A foil-blanket
- A book in which minor injuries are recorded (e.g. playground bumps and scratches)

Our playground, classroom and travel first aid kits will each contain:

- A leaflet with general first aid advice
- 20 assorted plasters
- 6 individually wrapped sterile adhesive dressings (assorted sizes)
- Two individually wrapped triangular bandages (preferably sterile)
- One large (approximately 18cm x 18cm) sterile individually wrapped unmedicated wound dressings
- Adhesive tape
- 2 Low adherent absorbent dressing
- Two pairs of disposable gloves
- 2 Cold compresses
- 10 individually wrapped moist cleansing wipes
- Bumped head wrist-bands
- A book in which minor injuries are recorded (e.g. playground bumps and scratches)
- Nappy Sacks for placing soiled first aid resources in before transporting them to the clinical waste bin in the office
- Face shield
- Pen

No medication is kept in first aid kits and our first aid kits do not include tweezers as it is not school policy to remove a splinter — small splinters should be covered with a plaster to prevent infection and parents should be contacted so that they can manage injuries involving larger splinters.

#### 6. First aid facilities

The school provides an area in the school office that offers a sink and toilet facilities for emergency first aid needs. Wherever possible the injured person should be treated at the site of the accident and playground first aiders are discouraged from routinely sending all pupils experiencing minor injuries to the school office. The office facilities should be reserved for emergency first aid needs when blood and other bodily fluids need careful treatment. We wish to ensure that pupils who need emergency care can always be offered a quiet, calming environment where their medical needs can be carefully monitored until the pupil can be referred on to the emergency services or collected by a parent or guardian.

As such, the school also provides a covered first aid area which also doubles as an outdoor door classroom. Playground first aiders should attend to minor playground injuries in this facility which will also include bumped heads unless the casualty is exhibiting signs that suggest a second opinion is required. For these cases, the pupil should be sent to the office with another responsible pupil. Healthy, sensible pupils can also be sent to the office to obtain additional ice packs and other first aid resources for use by playground first aiders if both playground first aid packs (large and small) have run out.

All staff should take precautions to avoid infection and must follow basic hygiene procedures. In addition to the disposable gloves that are provided, a sharps bucket and yellow bin is provided in the school office for safe disposal of dressings and equipment used in first aid.

A defibrillator is located in the school office

## 7. Record-keeping and reporting

#### 7.1 First aid and accident record book

- All first aiders should ensure that a record is made of all first aid treatment given, on the School Incident Reporting Form. This must include:
  - o the date, time and place of the injury or illness occurring;
  - the name of the injured or ill person and their status, such as employee, pupil, client, visitor;
  - o details of the injury or illness and what first aid was given;
  - what happened to the person immediately afterwards, for example, sent home, sent to hospital, returned to normal duties; and
  - the printed name of the first aider or person dealing with the casualty.
- Records should be kept according to the following schedule:
  - o pupils 6 years from the date of 18th birthday
  - o employees and others 6 years from the date of the accident.

First aid records regarding pupils will be retained separately from those regarding employees and others.

First aid records are protected from unauthorised access and irretrievably destroyed when their retention period expires.

#### 7.2 Reporting to the HSE

The headteacher via the school business manager will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).

The headteacher via the school business manager will report these to the Health and Safety Executive as soon as is reasonably practicable and in any event within 10 days of the incident.

Reportable injuries, diseases or dangerous occurrences include:

- Death
- Specified injuries, which are:
  - Fractures, other than to fingers, thumbs and toes
  - Amputations
  - o Any injury likely to lead to permanent loss of sight or reduction in sight
  - Any crush injury to the head or torso causing damage to the brain or internal organs
  - Serious burns (including scalding)
  - o Any scalping requiring hospital treatment
  - Any loss of consciousness caused by head injury or asphyxia
  - Any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours
- Injuries where an employee is away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident)
- Where an accident leads to someone being taken to hospital
- Near-miss events that do not result in an injury, but could have done. Examples of near-miss events relevant to schools include, but are not limited to:
  - o The collapse or failure of load-bearing parts of lifts and lifting equipment
  - The accidental release of a biological agent likely to cause severe human illness
  - The accidental release or escape of any substance that may cause a serious injury or damage to health
  - o An electrical short circuit or overload causing a fire or explosion

Information on how to make a RIDDOR report is available here:

How to make a RIDDOR report, HSE http://www.hse.gov.uk/riddor/report.htm

#### 7.3 Notifying parents

The class teacher will inform parents of minor accidents or injuries sustained by a pupil, and any first aid treatment given, on the same day, or as soon as reasonably practicable if this has not previously been addressed by the responsible person. On occasions where a paramedic has been contacted, the headteacher or deputy headteacher will inform the parents of the accident or injury.

#### 7.4 Reporting to Ofsted and child protection agencies

The headteacher will notify Ofsted of any serious accident, illness or injury to, or death of, a pupil while in the school's care. This will happen as soon as is reasonably practicable, and no later than 14 days after the incident.

The headteacher will also notify the West Sussex Integrated Front Door team (previously known as MASH) of any serious accident or injury to, or the death of, a pupil **while in the school's care**.

### 8. Training

All school staff are able to undertake first aid training if they would like to do so.

All first aiders must have completed a training course approved by the Health and Safety Executive (HSE), and must hold a valid certificate of competence to show this. The school will keep a register of all trained first aiders, the training received and the date undertaken (see appendix 1).

Staff are encouraged to renew their first aid training when it is no longer valid.

At all times, at least one staff member will have a current pediatric first aid (PFA) certificate which meets the requirements set out in the Early Years Foundation Stage statutory framework and this is updated at least every 3 years.

## 9. Monitoring arrangements

This policy will be reviewed by the Communication and Compliance Officer every year.

At every review, the policy will be approved by the headteacher. Any notable changes will be reported to the full governing body.

### 10. Links with other policies

This first aid policy is linked to the

- Health and safety policy (which includes first aid for contractors and visitors)
- · Risk assessment policy
- · Policy on supporting pupils with medical conditions
- Lettings Policy
- Mental Health and Well-being Policy

# Appendix 1: list of trained first aiders and associated training log:

# Appendix 2: accident report form

Name of injured person

**Role/class** 

Date and time of incident

Location of incident

#### **Incident details**

Describe in detail what happened, how it happened and what injuries the person incurred

#### **Action taken**

Describe the steps taken in response to the incident, including any first aid treatment, and what happened to the injured person immediately afterwards.

Name	Qualification	Organisation	Date Gained
Helen West	First Aid at Work (3 Day)	St Johns Ambulance	29 <sup>th</sup> November 2025
Rachael Stoffell;	First Aid at Work (3 day)	St Johns Ambulance	11 <sup>th</sup> January 2024
Appointed First Aider			
Bronwen Turner	Paediatric First Aid	1 <sup>st</sup> Aid Industry Body	7 <sup>th</sup> October 2023
Rhoda Hatton	Emergency First Aid at Work	Nuco Training	27 <sup>th</sup> November 2025
John Mills	Emergency First Aid at Work	ALC Courses	
Colin Mills	Emergency First Aid at Work	ALC Courses	
Lucy Chaffe	Level 3 Emergency First Aid at Work	ALC Courses	4 <sup>th</sup> June 2018
Jo Murphy	Level 3 Emergency First Aid at Work	ALC Courses	4 <sup>th</sup> June 2018
Rachel Evans	Level 3 Emergency First Aid at Work	ALC Courses	4 <sup>th</sup> June 2018
Jaime Sofoglou	Online First Aid Refresher	St Johns Ambulance	April 2020
Chanene Moores	Online First Aid Refresher	St Johns Ambulance	April 2020
Sam Parker	Online First Aid Refresher	St Johns Ambulance	April 2020
Lee-Anne Webber	Online First Aid Refresher (& Paediatric)	St Johns Ambulance	April 2020
Kirsty Clarson	Emergency First Aid at Work	Nuco Training	28 <sup>th</sup> November 2022
Jane Rayner	Emergency First Aid at Work	Nuco Training	28 <sup>th</sup> November 2022
Vicky Paine	Emergency First Aid at Work	ALC Courses	
Jake Lindsey	Emergency First Aid at Work	Nuco Training	28 <sup>th</sup> November 2022
Rachel Yuille	Emergency First Aid at Work	Emergency Life Support	8 <sup>th</sup> December 2020
	(Forest School)	Team	
Choe Murray	Emergency First Aid at Work	Emergency Life Support	8 <sup>th</sup> December 2020
	(Forest School)	Team	

To be updated